sports injuries, rehab, prehab, pain relief, stretches, exercise,



Negotiable

Auckland Osteopathy









Auckland Osteopathy is a premium establishment that aims to provide the best osteopathic care to the wider central Auckland community. Auckland Osteopathy provides a primary clinic which is conveniently located in the heart of Mt Albert with parking abundant in the area. You can expect a comprehensive consultation involving a hands on treatment and advice. We offer a tailored rehabilitation program specific to your injury needs. We do not believe that there is a 'one size fits all' when it comes to individual health and with this in mind we strive to ensure you have a complete overview and understanding of why your injury has occurred and how we might assist you to get better. Simply put, we want you to get better and re-claim your wellbeing.