EAT / Fresh Is The Best



EAT has been cooking for people one meal at a time since 2009. Everyone at EAT is a foodie or foodette, we all love food and we love cooking food. When you come from a long line of truly competent cooks, (Margaret's grandmother was one of the early graduates of Cordon bleu cooking school and also taught celebrity chef Graham Kerr a thing or two in the kitchen) its easy!