Bodi HQ - Personal Training, Classes, Gym



Negotiable

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Bodi HQ is a leading fitness and wellness center in Ellerslie, New Zealand. We offer a comprehensive approach to health and well-being. Our services include personalized training programs, innovative fitness classes, and wellness services tailored to individual goals. Our dedicated team is committed to guiding clients through transformative journeys using state-of-the-art equipment and supportive environments. At Bodi HQ, we combine motivation and expertise to help you achieve a balanced, healthier lifestyle. Join us to redefine your fitness journey.